







MENU

MORNING BREAK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	MEAT FREE FRIDAY
HOT OPTION	Bacon Sandwich	Beans on toast	Sausage Sandwich	Pizza Bagel	Grilled tomato & mushroom in a warm ciabatta
BUDGET BUSTER 	Croissant Toast selection Cheese on Toast	Belgian waffle Toast selection Cheese on Toast	Pancakes Toast selection Cheese on Toast	Crumpets Toast selection Cheese on Toast	Blueberry muffin Toast selection Cheese on Toast
CEREAL	A wide range of breakfast cereals served with cows or soya milk	A wide range of breakfast cereals served with cows or soya milk	A wide range of breakfast cereals served with cows or soya milk	A wide range of breakfast cereals served with cows or soya milk	A wide range of breakfast cereals served with cows or soya milk
SMOOTHIE & JUICE BAR 	Mellor Mega Strawberry & Banana with Oat Milk 	Caribbean Crusher Pineapple, Orange & Banana with Milk	Root and Fruit Orange, Carrot & Ginger Juice 	Up the Stairs Apples & Pears (& Banana) Juice 	Happy Hero Mixed Berry & Greek Yogurt
PORRIDGE & TOPPERS 	Mellors porridge with toppings of fresh fruit, dried fruit and honey	Mellors porridge with toppings of fresh fruit, dried fruit and honey	Mellors porridge with toppings of fresh fruit, dried fruit and honey	Mellors porridge with toppings of fresh fruit, dried fruit and honey	Mellors porridge with toppings of fresh fruit, dried fruit and honey
FRUIT SELECTION	Seasonal fruit selection. Fill your own pot!	Seasonal fruit selection. Fill your own pot!	Seasonal fruit selection. Fill your own pot!	Seasonal fruit selection. Fill your own pot!	Seasonal fruit selection. Fill your own pot!

KEY  1 OF YOUR 5 A DAY  MEAT FREE  MEAT-FREE (VEGETARIAN)  CHEF'S CHOICE  PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

Mellors
FOOD
HAPPY